



# THE ONE

BAR & RESTAURANT

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The One BBQ menu and items is subject to availability, due to supplier and seasonal conditions. Please allow one day for preparation and marinating of items. The One BBQ is a DIY experience, a Chef can be requested to run the BBQ at additional cost.

菜單部分材料限量供應

請於最小一天前預訂食材，以便準備材料及醃製  
如需專人協助烹調，會另加收費

(\*SEASONAL PRICE 時價)

## 海鮮 Seafood

			Normal	Spicy
龍蝦	Lobster (Whole)	£**.**		
螃蟹	Crab (Whole)	£**.**		
鱸魚	Seabass (Whole)	£14.50		
鱸魚柳	Seabass Fillet (2)	£12.50		
海鯧魚	Sea Bream (Whole)	£14.50		
海鯧魚柳	Sea Bream Fillet (2)	£12.50		
三文魚柳	Salmon Fillet (2)	£12.50		
帶子	Scallop (2)	£ 6.60		
大頭蝦	Jumbo Prawn (1)	£ 7.50		
老虎蝦	Tiger Prawn (4)	£ 5.80		
大蝦	King Prawn (8)	£ 8.80		
八爪魚	Octopus (1)	£12.95		
小八爪魚	Baby Octopus (8)	£ 8.80		
魷魚	Squid (10 Slices)	£ 8.80		
墨魚仔	Cuttle Fish (8)	£ 7.80		

## 牛肉類 Beef

牛柳	Fillet of Steak (1)	£**.**		
T-bone 牛扒	T-Bone Steak (1)	£**.**		
肉眼牛扒	Rib Eye Steak (1)	£12.50		
西冷牛扒	Sirloin Steak (1)	£ 9.50		
牛肉片	Sliced Beef (10 Slices)	£ 8.50		
牛肉漢堡	Beef Burger (2)	£ 8.80		

## 羊肉類 Lamb

羊扒	Lamb Chop (4)	£ 8.80		
羊架	Rack of Lamb (1)	£12.50		
羊片	Sliced Lamb (10 Slices)	£ 8.80		

## 雞肉類 Chicken

雞翼	Chicken Wings (5)	£ 5.50		
雞胸	Chicken Fillet (2)	£ 5.50		
雞腿	Chicken Thigh (4)	£ 8.80		
雞槌	Chicken Drumstick (4)	£ 5.50		
四分之一只雞(腿部)	1/4 Chicken Leg (2)	£ 6.50		
四分之一只雞(胸)	1/4 Chicken Breast (2)	£ 6.50		
半只雞	1/2 Chicken (1)	£10.50		
一只雞	Whole Chicken (1)	£15.50		

## 豬肉類 Pork

去骨豬扒	Pork Loin (10 Slices)	£ 8.50		
有骨豬扒	Pork Chop (2)	£ 8.80		
豬排	Rack of Ribs (1)	£12.50		

## 串燒類 Skewers

沙爹雞串	Satay Chicken (4)	£ 4.80		
沙爹牛串	Satay Beef (4)	£ 5.80		
沙爹毛菇串	Satay Mushroom (4)	£ 4.80		
大頭蝦串	Jumbo Headed Prawn (1)	£ 7.50		
老虎蝦串	Tiger Headed Prawn (4)	£ 6.80		
中蝦串	King Prawn (8)	£ 8.80		
燒川羊肉串	Sze Chaun Lamb (4)	£ 5.80		

## 香腸類 Sausages

英國香腸	English Sausage (3)	£ 4.50		
德國香腸	Frankfurters (5)	£ 5.50		

## 一肉丸類 Meat Balls

魚蛋	Fish Balls (4 x 3 balls)	£ 8.80		
辣味魚蛋	Spicy Fish Balls (4 x 3 balls)	£ 8.80		
貢丸	Pork Balls (4 x 3 balls)	£ 8.80		
牛丸	Beef Balls (4 x 3 balls)	£ 8.80		

## 菜類/沙律 Vegetable / Salads

雜菇	Assorted Mushrooms	£ 5.50		
蕃薯	Sweet Potatoes (2)	£ 5.50		
粟米	Corn on the Cob (2)	£ 3.95		
火箭沙律	Rocket and Parmesan	£ 6.80		
蕃茄芝士沙律	Tomato and Mozzarella	£ 8.80		
凱撒沙律	Caesar Salad	£ 8.80		
沙律	Mixed Leaved	£ 8.80		
土豆沙律	Potato Salad	£ 8.80		
雜菜沙律	Coleslaw	£ 8.80		

## 其他 Other

### CHEF REQUEST

At The One, we believe every guest deserves to enjoy freshly made food served in abundance. If you or any of your guest have an allergy or dietary restriction, please inform your server and our chefs will do their utmost to accommodate your requirements.

NO MSG and Food Colouring Added. Please notify us of any allergies, full allergy menu available.

A discretionary 10% service charge will added to parties of 5 or more, which goes to the team who serve you. All prices inclusive of VAT